



Irish Age Group Championships & Summer Open

National Aquatic Centre

15th – 19th July, 2015

MEET CONDITIONS

Should be read in conjunction with the General Meet Regulations

Meet Type:	<p>National Age Groups and Open National Championships, 50m Meet.</p> <p>Individual Age Groupings (Swimmers may only compete in their own age group): Female: 12 & Under, 13/14, 15/16, 17 & Over; Male: 13 & Under, 14/15, 16/17, 18 & Over</p> <p>Heats will be run in 10 lane format with all age groups together. There will be semi-finals and finals for the 50m Free, which is an Open Event.</p> <p>In the 12 & Under and 13/14 age groups for girls, and the 13 & Under and 14/15 age group for boys each 100m and 200m event will have one final in each age group.</p> <p>The 15/16 and open girls, and the 16/17 and open boys will swim together with A & B finals in each 100m and 200m event. Medals will be awarded in BOTH age groups. If there are not 3 swimmers from each age group in the finals, the remaining medallists will be awarded from their heat swims. <i>Please note that a swimmer in an A final will be awarded a higher finishing place than a swimmer in a B final, regardless of who swims the faster time in the final. A swimmer who scratches from a final forfeits the chance to win a medal even if there are less than 3 swimmers in their age group in the finals</i></p> <p>The 800m and 1500m Events will be Timed Finals. Medals will be presented in each age category. The 400m Freestyle and 400m IM will be Timed Finals. Medals will be presented in each age category. There will also be an Open Final in both 400m events for the top 10 swimmers.</p>
Eligibility:	<p>Open to all eligible, current Swim Ireland registered competitive members who achieve the qualification standards. Entry Standards must have been achieved in Open Competition in the preceding fifteen months. Only times which appear on the national database will be accepted. Times will only be accepted for the National Database when Electronic Timing is in operation. A fine of €50 will apply to swimmers who fail to achieve the standard for the entered event and who cannot provide proof that they achieved the standard for the event since the required date. Irish Open title holders are entitled to enter so as to defend their title. Entries are also accepted from overseas swimmers. Members of other federations may be required to verify their age.</p> <p>There will be a maximum of 4 foreign swimmers permitted to swim in each final (A & B final where applicable).</p> <ul style="list-style-type: none"> o Swimmers with ONE Qualifying Time will be permitted to enter TWO additional event from the following list: 200m backstroke, 200m breaststroke, 200m butterfly, 400m freestyle, 400m IM <i>provided they have achieved the consideration standard in Open Competition</i> o Swimmers with TWO Qualifying Time will be permitted to enter ONE additional event from the following list: 200m backstroke, 200m breaststroke, 200m butterfly, 400m freestyle, 400m IM <i>provided they have achieved the consideration standard in Open Competition</i> o All other swimmers may enter ONLY the events they have qualified in o <i>No swimmer will be accepted with NT as a time.</i>
Entry Deadline:	<p>Tuesday 16th June, 2015 for Hy-tek and Paper entries. Payment should be received by Friday 19th June, 2015</p>
Entry Form:	<p>Electronic Hy-tek entries are accepted via Hy-tek to the Swim Ireland Office at entries@swimireland.ie Paper entries should be posted to the Swim Ireland Office at Irish Sport HQ, National Sports Campus, Blanchardstown, Dublin 15, Ireland marked "2015 Irish Age Group Championships" Paper entries are only required where Hy-tek is not used.</p>
Entry Fees:	<p>Individual entries cost €8.00/£6.00 per event. Relay entries cost €32.00/£24.00 per event.</p> <p>No entry will be processed until the appropriate fee has been received at the Swim Ireland Office. Payment options are detailed in the Entry Summary Sheet. <i>Please note that entries are non-refundable once the final date for payment has passed</i></p>
Relay Entries:	<p>Relay Events: Boys 15 & Under, Girls 14 & Under – 4x100 MTR, 4x100 FTR Boys Open, Girls Open – 4x100 MTR, 4x100 FTR, 4x200 FTR ALL relays will be HDW</p>
Further Info:	<p>Please direct all queries to competitions@swimireland.ie or +353-1-6251142</p>

MALE		QT	FEMALE	
LC	SC	OPEN	LC	SC
26.81	26.28	50 FC	30.39	29.79



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QUALIFICATION STANDARDS

FEMALE																
	12 & U				13 & 14				15 & 16				17 +			
Event	LC	SC	consid LC	consid SC	LC	SC	consid LC	consid SC	LC	SC	consid LC	consid SC	LC	SC	consid LC	consid SC
100 FC	1.10.62	1.09.24			1.06.62	1.05.31			1.05.17	1.03.89			1.05.07	1.03.79		
200 FC	2.34.11	2.31.09			2.25.67	2.22.81			2.23.83	2.21.01			2.21.48	2.18.71		
400 FC	5.31.21	5.24.72	5.37.83	5.31.21	5.09.60	5.03.53	5.15.79	5.09.60	5.03.65	4.57.70	5.09.72	5.03.65	5.01.03	4.55.13	5.07.05	5.01.03
800 FC	11.53.37	11.39.38			10.40.05	10.27.50			10.19.15	10.07.01			10.07.99	9.56.07		
100 BC	1.22.41	1.20.79			1.17.58	1.16.06			1.15.44	1.13.96			1.14.00	1.12.55		
200 BC	2.52.81	2.49.42	2.56.27	2.52.81	2.43.80	2.40.59	2.47.08	2.43.80	2.41.76	2.38.59	2.45.00	2.41.76	2.39.36	2.36.24	2.42.55	2.39.36
100 BRS	1.34.51	1.32.66			1.30.21	1.28.44			1.28.64	1.26.90			1.24.90	1.23.24		
200 BRS	3.18.79	3.14.89	3.20.77	3.18.79	3.09.72	3.06.00	3.13.51	3.09.72	3.04.57	3.00.95	3.08.26	3.04.57	3.04.57	3.00.95	3.08.26	3.04.57
100 FLY	1.23.01	1.21.38			1.16.67	1.15.17			1.14.17	1.12.72			1.12.01	1.10.60		
200 FLY	3.09.88	3.06.16	3.13.68	3.09.88	2.51.08	2.47.73	2.54.50	2.51.08	2.41.35	2.38.19	2.44.58	2.41.35	2.39.88	2.36.75	2.43.08	2.39.88
200 IM	2.59.44	2.55.92			2.48.99	2.45.68			2.45.36	2.42.12			2.37.92	2.34.82		
400 IM	6.17.65	6.10.25	6.25.20	6.17.65	6.01.07	5.53.99	6.08.29	6.01.07	5.43.69	5.36.95	5.50.56	5.43.69	5.39.47	5.32.81	5.46.26	5.39.47

MALE																
	13 & U				14 & 15				16 & 17				18 +			
Event	LC	SC	consid LC	consid SC	LC	SC	consid LC	consid SC	LC	SC	consid LC	consid SC	LC	SC	consid LC	consid SC
100 FC	1.08.33	1.06.99			1.03.33	1.02.09			59.64	58.47			58.16	57.02		
200 FC	2.30.58	2.27.63			2.18.92	2.16.20			2.12.19	2.09.60			2.08.80	2.06.27		
400 FC	5.18.84	5.12.59	5.25.22	5.18.84	4.55.48	4.49.69	5.01.39	4.55.48	4.46.42	4.40.80	4.52.15	4.46.42	4.42.64	4.37.10	4.48.29	4.42.64
1500 FC	21.38.62	21.13.16			19.15.16	18.52.51			18.41.60	18.19.61			18.22.08	18.00.47		
100 BC	1.18.69	1.17.15			1.13.18	1.11.75			1.11.71	1.10.30			1.08.45	1.07.11		
200 BC	2.46.34	2.43.08	2.49.67	2.46.34	2.34.87	2.31.83	2.37.97	2.34.87	2.29.24	2.26.31	2.32.22	2.29.24	2.28.57	2.25.66	2.31.54	2.28.57
100 BRS	1.32.70	1.30.88			1.24.53	1.22.87			1.21.77	1.20.17			1.15.83	1.14.43		
200 BRS	3.15.64	3.11.80	3.19.55	3.15.64	3.02.38	2.58.80	3.06.03	3.02.38	2.53.93	2.50.52	2.57.41	2.53.93	2.51.58	2.48.22	2.55.01	2.51.58
100 FLY	1.21.47	1.19.87			1.11.37	1.09.97			1.07.06	1.05.75			1.04.15	1.02.89		
200 FLY	2.58.39	2.54.89	3.01.96	2.58.39	2.41.09	2.37.93	2.44.31	2.41.09	2.29.66	2.26.73	2.32.65	2.29.66	2.29.66	2.26.73	2.32.65	2.29.66
200 IM	2.49.35	2.46.03			2.39.70	2.36.57			2.29.75	2.26.81			2.25.21	2.22.36		
400 IM	5.56.94	5.49.94	6.04.08	5.56.94	5.36.84	5.30.24	5.43.58	5.36.84	5.11.94	5.05.82	5.18.18	5.11.94	5.10.24	5.04.16	5.16.44	5.10.24



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16th – 20th July, 2014

ORDER OF EVENTS

Session 1: Wednesday 15th July			Session 3: Thursday 16th July			Session 6: Friday 17th July			Session 9: Saturday 18th July			Session 11: Sunday 19th July		
1	B	400 Freestyle	8	G	200 IM	15	G	100 Butterfly	23	B	200 Backstroke	31	B	50 Freestyle
2	G	50 Freestyle	9	B	100 Freestyle	16	B	200 Freestyle	24	G	200 Freestyle	32	G	100 Freestyle
3	B	200 Breaststroke	10	G	400 Freestyle	17	G	100 Breaststroke	25	B	100 Butterfly	33	B	200 IM
4	G	200 Butterfly	11	B	200 Butterfly	18	B	400 IM	26	G	200 Breaststroke	34	G	400 IM
5	B	100 Backstroke	12	G	100 Backstroke	19	G	200 Backstroke	27	B	100 Breaststroke			
6	G	U14 4x100 FTR				20	B	U15 4x100 MTR	28	G	U14 4x100 MTR			
									29	B	U15 4x100 FTR			
			Session 4: Thursday 16th July			Session 7: Friday 17th July						Session 12: Sunday 19th July		
			13	B	1500 Freestyle HDW	21	G	800 Freestyle HDW				35	B	800 Freestyle HDW**
												36	G	1500 Freestyle HDW**
Session 2: Wednesday 15th July			Session 5: Thursday 16th July			Session 8: Friday 17th July			Session 10: Saturday 18th July			Session 13: Sunday 19th July		
1	B	400 Freestyle (one final)	8	G	200 IM	15	G	100 Butterfly	23	B	200 Backstroke	31	B	50 Freestyle
2	G	50 Freestyle	9	B	100 Freestyle	16	B	200 Freestyle	24	G	200 Freestyle	32	G	100 Freestyle
3	B	200 Breaststroke	10	G	400 Freestyle (one final)	17	G	100 Breaststroke	25	B	100 Butterfly	33	B	200 IM
4	G	200 Butterfly	11	B	200 Butterfly	18	B	400 IM (one final)	26	G	200 Breaststroke	34	G	400 IM (one final)
5	B	100 Backstroke	12	G	100 Backstroke	19	G	200 Backstroke	27	B	100 Breaststroke	35	B	Open 4x100 MTR
7	G	Open 4x100 FTR	14	G	4x200 FTR	22	B	Open 4x100 FTR	30	B	4x200 FTR	36	G	Open 4x100 MTR

****The 800 freestyle for boys is open to those who qualify for the 1500 freestyle and the 1500 freestyle for girls is open to those who qualify for the 800 freestyle. The number of heats in these events may be limited due to time constraints; however there will be a minimum of 5 swimmers in each age group accepted.**



Irish Age Group Championships & Summer Open

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16th – 20th July, 2014

MALE ENTRY FORM

Please complete this form fully and correctly otherwise your entry will not be accepted.

FULL NAME (*Print*): _____ Swim Ireland Reg No. _____

CLUB (*Print*): _____ Date of Birth: _____

Event No.	Event	Time Achieved	Date Achieved (Including Meet Name)
1	400m Freestyle		
3	200m Breaststroke		
5	100m Backstroke		
9	100m Freestyle		
11	200m Butterfly		
13	1500m Freestyle		
16	200m Breaststroke		
18	400m Ind. Medley		
23	200m Backstroke		
25	100m Butterfly		
27	100m Breaststroke		
31	50m Freestyle		
33	200m Ind. Medley		
35	800m Freestyle		

**Entry Standards must have been achieved in Open Competition since 25th March 2014.*

I certify that the above information is correct: _____
(Club Secretary)





Irish Age Group Championships & Summer Open

National Aquatic Centre

16th – 20th July, 2014

FEMALE ENTRY FORM

Please complete this form fully and correctly otherwise your entry will not be accepted.

FULL NAME (*Print*): _____ Swim Ireland Reg No. _____

CLUB (*Print*): _____ Date of Birth: _____

Event No.	Event	Time Achieved	Date Achieved (Including Meet Name)
2	50m Freestyle		
4	200m Butterfly		
8	200m Ind. Medley		
10	400m Freestyle		
12	100m Backstroke		
15	100m Butterfly		
17	100m Breaststroke		
19	200m Backstroke		
21	800m Freestyle		
24	200m Freestyle		
26	200m Breaststroke		
32	400m Ind. Medley		
34	100m Freestyle		
36	1500m Freestyle		

**Entry Standards must have been achieved in Open Competition since 25th March 2014*

I certify that the above information is correct: _____
(Club Secretary)





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16th – 20th July, 2014

RELAY & ENTRY SUMMARY SHEET

Event No.	Event	No. Teams to Enter
6	Girl's U14 4x100m FTR	
7	Women's 4x100m FTR	
14	Women's 4x200m FTR	
20	Boy's U15 4x100m MTR	
22	Men's 4x100m FTR	
28	Girl's U14 4x100m MTR	
29	Boy's U15 4x100m MTR	
30	Men's 4x200m FTR	
35	Women's 4x100m MTR	
36	Men's 4x100m MTR	

Relay Entries: _____ @ €32 Each = € _____

Individual Entries: _____ @ €8 Each = € _____

TOTAL AMOUNT ENCLOSED: € _____

CLUB: _____ CONTACT: _____

PHONE: _____ EMAIL: _____

Payment Options:

Please reference all payments as "2015 IRISH AGE GROUP CHAMPIONSHIPS & SUMMER OPEN" and include club details.

Bank Transfer:

EURO

Bank: AIB

Sort Code: 932515

Account Number: 59772048

IBAN: IE03 AIBK 9325 1559 7720 48

BIC: AIBKIE2D

Sterling

Bank: Danske Bank

Sort Code: 950111

Account Number: 51051490

IBAN: GB55 DABA 9501 1151 0514 90

BIC: DABAGB2B

Cheque/Postal Order:

Made payable to Swim Ireland

Credit Card:

Credit card payments can be made over the phone by calling the Swim Ireland offices at +353-1-6251142





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16th – 20th July, 2014

Swim Ireland Safety Statement - Issues

Safety is the responsibility of every individual involved in the sport.

**Risks identified must be reported to either a Club or Meet Official
and formally reported to the facility operator.**

All accidents must be formally reported.

General

- 1) By Law all facilities are required to have a Safety Statement in operation. Clubs and Meet Organisers should satisfy themselves that this is the case.
- 2) Any accidents, however minor, must be reported to Swim Ireland (standard Accident Report Form available).
- 3) ALL volunteers who work/help at Swim Ireland events are advised to read the Swim Ireland Safety Statement which is available upon request from the Office.

Clubs

- 1) All Clubs should obtain and read a copy of the Safety Statement of the pool they are hiring.
- 2) It is recommended that clubs identify risks and formally report them in writing to the relevant personnel at the facility.

All Meets

(Club, Regional and National)

- 1) Following a meet at which an incident/accident occurred, the Organiser and Race Referee must complete a Meet Accident Report Form and include their contact details.
- 2) All who attend meets are urged to report any accidents to either the Meet Organiser who immediately reports to the Race Referee or to the Referee directly. Where an accident occurs, Swim Ireland must be informed as soon as possible with a full report presented.
- 3) "Safety at Swim Meets" must be included in all Programmes for all Meets run under Swim Ireland rules. It must also be read out at the start of every session with emphasis placed on item 3 above.
- 4) Officials should be advised by the Race Referee to report any concerns they have over possible risks at the facility and to ensure that reporting procedures are followed.
- 5) Under FINA Law the Referee is in total control of all persons attending the meet and the Referee should take all reasonable steps to ensure their safety.



Irish Age Group Championships & Summer Open

National Aquatic Centre

16th – 20th July, 2014

Safety at Swim Meets

All accidents, however minor must be reported, in writing, to Swim Ireland.

We would ask the co-operation of swimmers, coaches, spectators and clubs in the application of the following safety measures. They are in place for everyone's safety.

1. General;

- i. Everyone attending Meets must familiarise themselves with the locations and operation of emergency exits.
- ii. Anyone observing anything they consider to be a safety hazard should report it to a Meet Official.
- iii. All persons attending Meets must take all steps to ensure their own safety and the safety of others.
- iv. All walkways must be kept clear of bags, equipment, etc.

2. Starting;

- i. It is the responsibility of competitors, coaches and clubs to ensure that all swimmers are sufficiently competent to dive start from competition starting blocks. Alternatively, swimmers are reminded that they may start from the poolside.
- ii. In the event of a false start, swimmers should perform a safe entry and Not fall into the water.

3. Warm-Up;

- i. Swimmers and coaches must ensure that they (and swimmers in their charge) take no action that would endanger themselves or others.
- ii. The instructions of those in authority must be obeyed immediately.
- iii. Swimmers are not permitted to dive or jump into lanes other than sprint lanes and then only when the area is sufficiently clear to make a safe entry.
- iv. Do not start sprinting in a sprint lane until non-sprinting swimmers have cleared it.
- v. On finishing a sprint immediately clear the way for the following swimmer(s).

4. Around the Pool (e.g. spectator area, foyer area, etc.)

- i. Swimmers are not permitted to enter dry areas without first having changed and put on footwear.
- ii. Where there is a balcony or rail - swimmers are not permitted to climb over it.
- iii. Glass bottles are not permitted outside designated refreshment areas.

Thank you for your co-operation in making the Meets a safe experience for all.