

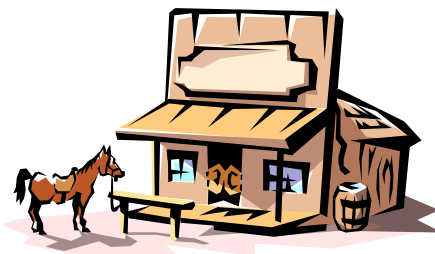
WEXFORD LAST CHANCE SALOON GALA 2015

Wexford Swimming Club

Chairman: Nick Kearns

Secretary: Maria Reck

Coaching: George Dunne, Mary Duggan, Martin Kirby, Holly Kearns, Andy Trilsbach & Mariusz Sznajder.



25th May 2015

Dear Secretary,

I am pleased to enclose details of our “Last Chance Saloon” Gala, which will be held this year on the Sunday June 14th at Wexford Swimming Pool, Ferrybank, Wexford. This Gala is aimed primarily at swimmers who seek to achieve qualification for the Irish Age-Group Div 1 and Div 2 Galas although all swimmers at this level are, of course, very welcome.

We welcome entries from your club. We will be using “Meet Manager” to run the gala, so files from Hy-Tek “Team Manager” can be exported and sent to us (as an email attachment). If you prefer, you can send entries in Word or Excel formats, or you can prepare entries on the attached sheets.

Please arrange swimmers in name order (not event order) if you are printing entries from Hy-Tek. If you have any queries we would be glad to take them by phone or email. Please include a contact name and phone number / email with all entries.

Electronic timing will be used for this gala. Diving blocks will be situated at the deep end of the pool.

We will swim all the age-groups together for this gala, results will be separated by age. Medals will not be presented, but we will provide certificates to all who achieve the Irish qualifying times. All events are heat-only; there will be no finals. The best female and male swimmers on the day based on points achieved will receive an award.

We look forward to welcoming swimmers from your club to our pool in June.

Maria Reck
Secretary
Wexford Swimming Club

WEXFORD LAST CHANCE SALOON GALA 2015

(UNDER SWIM IRELAND RULES)

VENUE: WEXFORD SWIMMING POOL, FERRYBANK, WEXFORD.

DATE: SUNDAY JUNE 14TH 2015

TIMES: **SESSION ONE:** WARM-UP 08.30 - START 09.00
SESSION TWO: WARM-UP 13.00 - START 14.00

SCRATCHES: 30 MINS BEFORE START

ORDER OF EVENTS: AS PER ATTACHED LIST.
GIRLS FIRST IN SESSION ONE, BOYS FIRST IN SESSION TWO.

ENTRIES: €6.00 PER INDIVIDUAL EVENT
CHEQUES PAYABLE TO
“WEXFORD SWIMMING CLUB”

AGE GROUPS: AGE ON THE DAY.
FEMALE 10&U, 11-12, 13-14, 15-16 & 17+
MALE 11&U, 12-13, 14-15, 16-17 & 18+
AGE GROUPS WILL BE MIXED IN THE HEATS.

AWARDS: THE OVERALL BEST MALE AND FEMALE SWIMMER, BASED ON
POINTS ACHIEVED ON THE DAY WILL RECEIVE AN AWARD
ANY SWIMMER WHO ACHIEVES IAG DIV 1 OR 2 TIMES WILL
RECEIVE A CERTIFICATE

ENTRY SHEETS: SEPARATE ENTRY SHEETS FOR BOYS AND GIRLS.
IF YOU ARE USING HY-TEK TEAM MANAGER,
PLEASE EXPORT ENTRIES FILE IN **WORD, EXCEL**
OR **HTML** FORMAT ALSO.

ENTRY DEADLINE: **ENTRIES:** SUNDAY JUNE 7TH 2015
PAYMENTS: WEDNESDAY JUNE 10TH 2015

ENTRIES TO: MARIA RECK
BALLYMACSHONEEN HOUSE, CROSSABEG, WEXFORD

TEL: 053 – 9120266
086 – 1034867
EMAIL: maria.reck@gmail.com

- Any points not covered by the above will be at the discretion of the Gala Organisers
- The decision of the Gala Organisers will be final.

ORDER OF EVENTS

SESSION 1: Start **10.00** - Warm-up **08.30**

Event	1-2	400m	Freestyle
	3-4	200m	Butterfly
	5-6	100m	Breaststroke
	7-8	200m	Backstroke
	9-10	100m	Freestyle
	11-12	200m	Individual Medley

SESSION 2: Start **14.00** - Warm-up **13.00**

Event	13-14	400m	I.M.
	15-16	100m	Butterfly
	17-18	200m	Breaststroke
	19-20	100m	Backstroke
	21-22	200m	Freestyle

Time permitting we will run 800m Free and 1500m Free events at the end of Session 2. These events are not in hy-tek file. Any club who wishes to enter a swimmer please include their name and time in the email. Clubs will be told on Monday 8th June if these events are going ahead.

WEXFORD LAST CHANCE SALOON GALA 2015

WEXFORD SWIMMING CLUB

“LAST CHANCE SALOON” GALA
(UNDER SWIM IRELAND RULES)

SUNDAY JUNE 14TH 2015

CLUB:.....

Individual Entries @ €6.00 each	€
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Cheques made payable to “Wexford Swimming Club”

Contact:.....

Address:.....

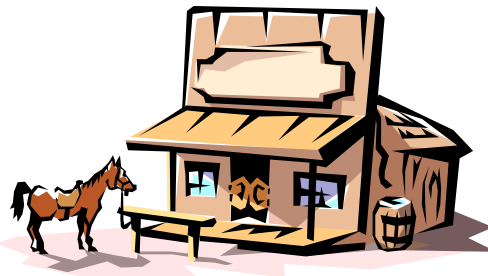
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Telephone:.....

E-Mail:.....



WEXFORD LAST CHANCE SALOON GALA 2015

CONSIDERATION TIMES FOR THE "LAST CHANCE SALOON" GALA

THESE TIMES ARE PROVIDED AS A GUIDE FOR COACHES. QT's WILL NOT BE APPLIED

Male	11/12	13	14	15	16/17/18
100 F/S	1:26.00	1:21.00	1:17.00	1:14.00	1:13.00
200 F/S	3:10.00	3:00.00	2:53.00	2:38.00	2:36.00
100 B/C	1:40.00	1:33.00	1:30.00	1:25.00	1:23.00
200 B/C	3:18.00	3:06.00	3:00.00	2:50.00	2:48.00
100 Brs	1:51.00	1:45.00	1:38.00	1:36.00	1:34.00
200 Brs	3:42.00	3:30.00	3:20.00	3:12.00	3:10.00
100 Fly	1:40.00	1:36.00	1:28.00	1:25.00	1:24.00
200 Fly	3:18.00	3:10.00	2:56.00	2:50.00	2:47.00
100 IM	1:38.00	1:34.00	1:31.00	1:28.00	1:28.00
200 IM	3:18.00	3:09.00	3:03.00	2:57.00	2:57.00
Female	11/12	13	14	15	16/17/18
100 F/S	1:26.00	1:24.00	1:22.00	1:20.00	1:20.00
200 F/S	3:10.00	3:08.00	3:02.00	3:00.00	2:56.00
100 B/C	1:38.00	1:36.00	1:34.00	1:31.00	1:31.00
200 B/C	3:18.00	3:10.00	3:07.00	3:00.00	2:58.00
100 Brs	1:51.00	1:45.00	1:43.00	1:42.00	1:42.00
200 Brs	3:42.00	3:31.00	3:27.00	3:24.00	3:22.00
100 Fly	1:40.00	1:39.00	1:33.00	1:32.00	1:32.00
200 Fly	3:20.00	3:12.00	3:05.00	3:00.00	2:56.00
100 IM	1:40.00	1:37.00	1:33.00	1:28.00	1:28.00
200 IM	3:22.00	3:16.00	3:08.00	2:56.00	2:56.00

All age-groups as of the day of the gala; June 14th 2015